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## Storefront Studio gives Carnation a new look *By Carol Ladwig*

Main Street Carnation (officially, Tolt Avenue) is home to the annual 4th of July celebration, fun runs, bicycle races, a lot of history, and a few dozen businesses. It is the first, and sometimes the only thing visitors to Tolt-McDonald Park see of the city.

It is also ready for its facelift, which architecture students in the University of Washington's Storefront Studio program are almost done planning.

Start with the 25-foot stretch of brick wall on the front of the Giordano's Motors building, built in 1952. "This is the biggest, unadorned, blank wall in town," says business owner Jim Giordano. With his arts background, he's wanted to improve on that wall since opening shop July 4, 2005.

Or, taking a very practical approach, the Ace Hardware store needs windows. With new windows on the second floor, and a new sewer system coming online next spring, owners Bob and Ron Cox will gain almost 3,000 square feet of useable space in their circa 1970 store.

Giordano's and Ace are among the eight properties participating in Carnation's Storefront Studio project. Others include Miller's Arts and Community Center, Simply Grand, two vacant buildings, and City Hall.

Each of these Main Street "faces," as UW professor Jim Nicholls calls them, is getting a new look, on paper at least, from Storefront Studio. Nicholls and his students in the College of Architecture and Urban Planning have been working with each property owner since early summer to design fresh facades and pedestrian-friendly streetscapes that fit both the community and the businesses.

As an example, City Planner Linda Scott points out the designs for Ace, one of the most successful parts of the project. The designs called for simple color changes, new windows, and a raised roofline, all of which made for a new, old-fashioned look.

The designs were "very well done - they're not frou-frou at all. It's a hardware store, and it looks like one, real," Scott said.

Next door, Giordano is thrilled with his

Storefront Studio Designs Open House  
Wednesday, Oct. 24, 7 p.m.  
Carnation City Hall



A future vision of Carnation includes lots of color, and a pedestrian-friendly atmosphere, in designs created by the University of Washington Storefront Studio project team. Courtesy image

designs for an art deco style entry and roofline. "I love art deco elements, so that was really exciting to see in the design," he said. The best part, though, was the proposal for that blank stretch of brick wall fronting Main Street. Part classic car store, part museum, the business called for lots of windows, so glass garage-style doors that can be opened up in nice weather was the most logical design element.

"I really like what they came up with for my building, and I can't wait to start on it," Giordano added.

All of the building designs will be



Starting with the current look of Carnation, the design team proposed a few changes ranging from the simple to the complex to make Main Street more appealing. Courtesy image

presented at an open house Thursday, Oct. 25, 6:30 to 8:30 p.m. in the coun-

**Storefront Studio, cont. on page 6**



## Teens confront prejudice, bullying through Rachel's Challenge *By Lori Varosh*

Rachel Joy Scott was the first casualty of the April 20, 1999, Columbine High School massacre, the worst school shooting in the nation's history.

But it was the compassion she exhibited during her 17 years of life that prompted dozens of Cedarcrest High School students to accept Rachel's Challenge.

As they poured out of an assembly given by Sarah Dornfield, a friend of Rachel's brother, Craig, on Monday, Oct. 8, some students wept.

Others hugged their friends and shared expressions of love, following Dornfield's "final challenge": to start a chain reaction of love, kindness and compassion with family members and friends.

"I cried during the presentation," said freshman Eliza Runolfson. "I was just touched. It was amazing all about the dream and how she knew what was going to happen."

**Rachel's Challenge, cont. on back page**

< Cedarcrest High students pledge to accept Rachel's Challenge on Monday, Oct. 8, following a presentation to the freshman and sophomore classes. Photo by Jim Hallas

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### Home Buyers Are Making More Contingent Offers



With market times increasing compared to the hot Sellers' market of 2005/2006 many new "move-up" Buyers are willing to enter into a contract to purchase a larger home contingent upon selling their existing home. Known as a "contingent offer", this eliminates the risk of having two mortgage payments. Sellers who accept a contingent offer can still have their Realtor market their home in hopes of getting another non-contingent offer. If you're looking for a home on acreage with a sports court, look on our website to see more of the home pictured here.

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**www. DUVALL-HOMES.com**



# Duvall City Council News

## Swimming pool group calls for city support *By Carol Ladwig*

Snoqualmie Valley wants a swimming pool, and residents will pay to support it. So say the results of a survey conducted by the Sno-Valley Aquatic Interest Group.

Group members Maura Van Ness and Rose Hollis presented their findings to the Duvall City Council Oct. 11, plus their survey methodology and a summary of the research done on the feasibility of building a swimming pool in the area.

It's been tried before though, in 1972 when the Eastman-Rush Foundation was formed to build a pool in response to the tragic drownings of two boys in the Snoqualmie River. The foundation folded nearly 30 years later, unable to build or maintain a pool facility.

Van Ness said she'd researched the foundation, spoken with board members and studied other swimming pool facilities that were successful. She found that "The reason the Eastman-Rush Foundation did not succeed ... was because the citizen's efforts could only go so far. They needed more than lukewarm support from the city government."

Now, as then, the pool idea had popular support. Nearly 80 percent of the households surveyed (329 homes from a database of 10,349 responded) said

they would use an indoor swimming pool, and the amounts each household would pay to use the facility combined to more than \$3 million annually for maintenance and operations.

Van Ness also read a letter of support for the pool from Riverview School District Superintendent Conrad Robertson.

Council members were each given a packet of the group's findings, for further review.

Busy Cultural Commission

Kass Holdeman, chairperson of the Duvall Cultural Commission and Carolyn Butler, member, presented a report on the commission's past year of activities. The highlights were some new programs and an old standard. The SummerStage concerts, previously organized by Butler, who is handing them off to Holdeman for next year, are "probably the most popular program that the cultural commission offers," said Holdeman. Spinning off of that, Duvall Idol and the Teen SummerStage concerts were also very successful.

Movies in the park, an idea proposed by cultural commission member Stuart Lutzenheiser, was also extremely successful. Holdeman estimated that more than 500 people participated, most of whom she found were coming down

the park in the early evening with take-out food to save their spots for the movie. Next year, the commission hopes to add a fourth movie, over the Labor Day weekend, for a total budget line-item of \$6,000 instead of the \$3,000 currently budgeted.

Following the presentation, Mayor Will Ibershof presented letters of thanks to all the commission members, and read a proclamation making October Arts and Humanities Month in Duvall.

Dedicated Park

Family members of the late Rev. Lloyd Judd were invited to celebrate the dedication and renaming of Duvall's Central Park to Judd Park. Judd, who passed away Sept. 5, was a former council member and servant to the city.

Mayor Ibershof presented the family with the sign that will be posted at the park, which, he said, is "probably the most highly-used park in the city."

Judd Park is located at the intersection of NE 150th St. and 275th Ave. NE.

In other business:

Peggy Kahler spoke during the public comment period to ask the council to review the city's sign code, which is almost 20 years old. The code doesn't really take into account

signs on buildings with multiple businesses inside, she said, adding "Applying for a sign permit is not an easy or a happy process."

The council discussed a request from the city of Carnation regarding a proposed flood control levy. Carnation is asking all of the valley cities to sign the letter in support of the levy, and in response to a recent Seattle Times editorial opposing it. The proposed levy of 10 cents per \$1,000 of assessed value, would be used to fund a series of levy repairs and other projects listed in the county's Flood Hazard Management Plan. Council members asked for more time to review the issue before acting on it.

City Planner Cari Hornbein briefed the council on the city's parks element update plan. The city received eight proposals for the work, and will interview the final three candidates toward the end of the month.

Finance Manager Dianne Nelson reported on the city's use of impact fees assessed. The city has six years to spend any impact fee it has charged for new construction, and it must be spent to provide for growth. Since 1997, the city has collected \$1,974,711 in street impact fees, and spent \$1,179,007. Since 1995, it's collected \$861,314 in park impact fees and spent \$634,742.

## Cherry Valley Elementary in top 5 percent of Washington Schools

Cherry Valley Elementary School in Duvall has been named one of 86 "Schools of Distinction" by the Office of Superintendent of Public Instruction (OSPI), for dramatic improvements in student reading and mathematics over the past several years.

Last Wednesday, Oct. 10<sup>th</sup> Riverview Superintendent, Conrad Robertson, and Cherry Valley Principal, Darcy Becker, accepted the award from State Superintendent of Public Instruction, Dr. Terry Bergeson. Representatives of the Cherry Valley Elementary staff also attended the statewide press event at Mt. Rainier High School in Des Moines.

Bergeson said, "this award was created to honor and celebrate the amazing progress schools have made -- and continue to make -- in helping our students acquire the knowledge and skills that will serve them the rest of their lives."

Schools of Distinction represent the top 5 percent of elementary, middle, and high schools whose students have shown outstanding growth in both reading and mathematics skills during a six-year period.

To be considered for the award, each school had to meet the current year's state learning targets on the Washington Assessment of Student Learning for students in both reading and mathematics.

Greg Lobdell of the Center for Educational Effectiveness in Redmond conducted the independent research and analysis to establish criteria for the awards and to identify the schools with the greatest improvement.

Cherry Valley Principal Darcy Becker stated: "Cherry Valley Elementary is a community of learners committed to the success of each individual student in context with all students in our school. We collaborate in a variety of teams and actively share decision-making responsibilities. Staff, students, parents, and community members work side-by-side each day to make the learning environment safe, positive and productive.

"With excellent district support we have worked diligently to align and articulate the curriculum at each grade level and between grade levels, develop assessments of and for learning, and select focused professional development based on staff identified needs. Through a high level of commitment, a 'can-do' attitude, and a sustained effort over time, we have seen our motto 'Cherry Valley Elementary is a house of learning' come to life!"

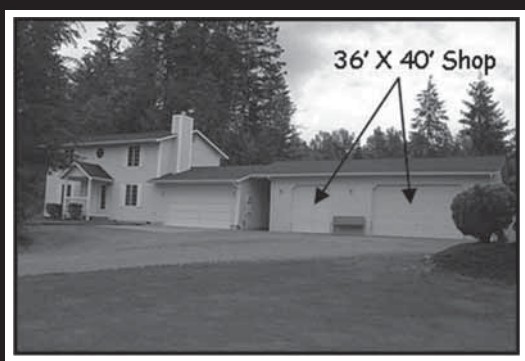
Riverview Assistant Superintendent Dr. Anthony Smith said: "This is a wonderful honor for the students, staff, and parents of Cherry Valley Elementary School. To be in the top 5 percent of all

elementary schools in the state is quite an accomplishment, especially since the award is based on performance over the past six years. The honor is a reflection of what is going on in all of Riverview's schools and programs. We haven't deviated in Riverview -- our entire staff puts students first and foremost and it shows."

Superintendent Conrad Robertson declared: "We are extremely proud of Cherry Valley Elementary School being presented the 2007 State Superintendent's Learning Improvement Award and the designation of a School of Distinction. This recognition is due to a total team effort by Principal Darcy Becker, the dedicated staff, parents and students at Cherry Valley Elementary School. I especially enjoyed watching Principal Becker present the award to the ASB President and fifth grader, Al Knox, at a special school assembly. All of the students and staff celebrated when Al raised the award over his head."

Riverview School District has over 3,000 students in five schools- Carnation Elementary, Cherry Valley Elementary, Stillwater Elementary, Tolt Middle School, Cedarcrest High School and three programs- Eagle Rock, CLIP and PARADE in Carnation and Duvall. For more information visit: [www.riverview.wednet.edu](http://www.riverview.wednet.edu)

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# Meeting set to review flood insurance study

A Flood Insurance Study revision has recently been completed in King County, through a cooperating technical partnership between King County, Snohomish County, FEMA, and Northwest Hydraulic Consultants, Inc.

It includes updated floodplain maps showing areas that would be inundated by the base (100-year) flood as well as the regulatory floodway. These new geo-spatially referenced digital maps will be used by lending institutions and insurance agents in determining who must purchase flood insurance and the cost of that insurance, should

it be necessary. In addition, the maps will be used by city and county officials for floodplain management and permitting purposes.

The people most directly affected by the issuance of this study are those owning property and/or living in the identified flood hazard areas, such as along the Snoqualmie River. Interested people are invited to meeting at the Carnation Elementary School Wednesday Oct. 24, 2007 from 6-8 p.m. Representatives from King County, FEMA, and local communities will be on hand to discuss the study and its effects on ongoing local development.

# Cross country competes in last regular-season meet

By Lori Oviatt

On Thursday, Oct. 11, the XC team traveled to the Cedarcrest Golf Course in Marysville to participate in the last XC meet before the conference race. The North County Invite was hosted by Marysville-Pilchuck High School and included all seven of the Cascade Conference teams as well as schools from 1A to 4A schools totaling 20 schools participating at the event.

At this meet, races are run by grade levels, giving the younger kids an opportunity to shine. The course was somewhat sloppy due to the rain, and it affected the race times of the runners as they were a bit slower than the previous year. Although the terrain was a bit soggy, most of the CHS runners had season bests at this meet.

Scoring for this meet was different than other meets as the top five placers of the race were scored instead of the top five runner's times.

The girls' team finished 8<sup>th</sup> place and the boys' team finished 13<sup>th</sup> place. The girls' team was led by three top-10 finishes by Cara Strodel, Jessica Beam and Katie Bunker. The top boys' runners were led by senior Mason Heller, Josh Ward (finishing in the top 10 of his race) and Tony Minaglia.

Athletes of the meet were Glynis Bawden and Zack Rakus as they both have shown a lot of improvement as the season has progressed. Zach dropped his time by three minutes from a month ago and Glynis finished in the number-five girl position at this invite as her time decreased by one and a half minutes over the past month.

The next meet is the Cascade Conference Championships at Lakewood High School on Oct. 20. Both squads are looking to be in the top three or four teams as they compete in the conference meet. The following table includes the results for each team.

Boys Team	Finish Place	1 <sup>st</sup> Mile	2 <sup>nd</sup> Mile	3 <sup>rd</sup> Mile	Time
Mason H.	17th - Senior	5:23	6:06	5:54	17:58
Josh W.	5th - Frosh.	5:36	6:10	5:42	18:02
Tony M.	17th - Junior	5:33	6:11	5:50	18:09
Sam G.	27th - Junior	5:35	6:20	6:07	18:39
Hayden T.	28th - Junior	5:41	6:24	5:59	18:40
Daryl Z.	29th - Junior	5:44	6:24	5:56	18:40
Andy H.	34th - Junior	5:48	6:32	6:03	18:59
Clay H.	41st - Soph.	6:00	6:37	6:06	19:20
Chad L.	20th - Frosh.	6:00	6:52	6:13	19:42
Tyler M.	50th - Soph.	5:51	6:57	6:23	19:49
Josh D.	27th - Frosh.	6:03	6:55	6:31	20:08
Trevor L.	63rd - Junior	6:07	6:57	6:45	20:29
Chris G.	68th - Junior	6:22	7:13	6:38	20:53
Tanner H.	77th - Soph.	6:48	7:24	6:51	21:44
Alex S.	77th - Soph.	6:51	7:51	7:31	23:03
Zach R.	86th - Junior	7:21	8:21	7:37	24:05
Brandon F.	94th - Junior	8:07	10:24	9:23	28:50
Girls Team	Finish Place	1 <sup>st</sup> Mile	2 <sup>nd</sup> Mile	3 <sup>rd</sup> Mile	Time
Cara S.	5th - Frosh.	6:23	6:57	6:23	20:21
Jessica B.	6th - Frosh.	6:22	6:58	6:25	20:23
Katie B.	10th - Junior	6:36	7:12	6:34	21:01
Kristina G.	19th - Junior	6:58	7:35	7:01	22:16
Glynis B.	23rd - Frosh.	7:19	8:30	7:45	24:21
Aziza S.	32nd - Senior	7:37	8:42	7:48	24:54

## Weekly Weather Duvall/Carnation

	HI/LO°	PRECIP.
<b>FRIDAY 10/12</b> Few Showers	58° / 46°	30%
<b>SATURDAY 10/13</b> Partly Cloudy	59° / 47°	20%
<b>SUNDAY 10/14</b> Few Showers	57° / 49°	30%
<b>MONDAY 10/15</b> AM Clouds/PM Sun	54° / 46°	10%
<b>TUESDAY 10/16</b> Showers	51° / 46°	60%
<b>WEDNESDAY 10/17</b> Showers	51° / 45°	60%



## Duvall-Carnation Police Blotter

Friday, Oct. 5, 5:47 p.m. Duvall, W 14300 block of 281 Place NE, Attempted Burglary: A caller reported an attempted break-in and police investigated. The scene was processed for evidence. The investigation continues.

Saturday, Oct. 6, 12:25 p.m. Carnation, 33500 block of NE 42 Street, Burglary: A resident returning home found that his garage door was open. Several items from inside his house were missing.

Friday, Oct. 5, 6:08 p.m. Carnation, 31600 block of W Commercial Street, Drug Reaction: Police responded along with EMS to a report of a person having a bad reaction to Tylenol. Officers determined there was no criminal activity and the patient was transported to the hospital for observation.

Saturday, Oct. 6, 1:07 p.m. Duval, W 2400 block of Woodinville-Duvall Road, License and Warrant Problems: After seeing a vehicle going by, driven by a person known to have a suspended license, an officer stopped the car. The driver was arrested for the license violation, plus two misdemeanor warrants.

Saturday, Oct. 6, 12:49 a.m. Carnation, W Rutherford/Tolt Avenue intersection, DUI: An officer stopped a vehicle after observing it speeding and swerving out of its lane. The driver refused the voluntary sobriety test, and so was arrested for driving under the influence of alcohol. After his arrest, he was tested and the results of the two samples were .201 and .204 percent blood-alcohol content.

Sunday, Oct. 7, 12:02 a.m. Carnation, 4600 block of Tolt Avenue, Persistent Patrons: A disturbance was reported at a local establishment. Police learned that several subjects had been asked to leave the place, which they did, but then they came back and started arguing with the manager. The subjects did as told when the police advised them to leave, without incident.

Saturday, Oct. 6, 11 a.m. Duvall, 27600 block of NE 144 Street, Vandalism: A caller reported to police that the screens on his windows were recently cut. Several neighbors also had cut screens.

Sunday, Oct. 7, 7:06 p.m. Hwy 203/NE 124 Street Roundabout, Rollover Accident: Local police responded to a rollover accident for preliminary traffic control and investigation, until the state Highway Patrol arrived. The injured driver was determined to be driving under the influence and cited.



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# Paxman and the Red Wolves run over Lakewood By Lori Oviatt

The first Red Wolves score came quickly in the first quarter when **Dakota Bunce** intercepted Lakewood's pass in the first series of the game Friday, Oct. 12 at the home stand of the Lakewood Cougars.

The Red Wolves took over on the 25-yard line and quarterback **Ernie Child** would handoff twice to **Brady Paxman**. The first handoff resulted in a 60-plus-yard run and the second handoff placed Paxman in the end zone after a 20-yard run for the first of five touchdowns he would score for the evening. **Dusty Felts'** PAT was no good, but there were six points on the scoreboard for the Red Wolves.

The Cougs' third drive of the evening resulted in their first touchdown with four minutes left in the second quarter. The PAT was no good, resulting in a 6 to 6 ball game.

The Red Wolves' first drive of the second quarter was a march down the field. They started on the 15-yard line when **Tyler Erickson** returned the Cougar kick off, then Child handed off to Paxman twice with both runs resulting in first downs. Then it was **Darren Collinwood's** turn to secure the first and 10. Between Paxman, Collinwood and Child running the ball the Red Wolves moved into the Cougs territory and with third and goal to go, Paxman took the handoff and found the green zone for the second time. The Red Wolves went for two and Child added eight more points to the scoreboard.

The Red Wolves defense stepped it up on the Cougars next drive as **Conner Chess** dropped a Coug with a major tackle in the backfield pushing the Cougs back 10 yards. Then **Dave Whims** and **Jonathon Kriegbaum** added more backward yardage to the Cougs, putting them in a fourth down with 23 yards to go situation.

The Red Wolves took over on downs setting up Paxman's third touchdown. The handoff went to Paxman who took off with the ball and after running 70 yards was tripped up close to the end zone. Collinwood ran the ball to the



Brady Paxman on his way to one of his five touchdowns.

5-yard line and then the 2-yard line with the next handoff going to Paxman, who walked into the zone with 2:33 left on the clock. The extra point by Felts was blocked.

The Red Wolves were not done scoring yet in the first half as Felts kicked off to the Cougars who ran the ball back to the 23-yard line. The Cougars started moving the ball down the field getting two first downs. With less than a minute on the clock, the Cougs quarterback let one fly to a receiver who was met by Collinwood, who stripped the ball after the catch and recovered the fumble, turning the ball over to the Red Wolves on the 30-yard line. Child, on a QB keeper ran the ball for a 15-yard gain, followed by **Tyler Erickson's** 13-yard run. It was then Collinwood, Paxman, and finally Collinwood who took the ball into the end zone with 20 seconds left to go in the first half. The PAT attempt was no good and the Red Wolves went into the half time break ahead of the Cougs by a score of 26 to 6.

The third quarter started off a little



Ernie Child runs for a CHS first down.

rough for the Red Wolves as they fumbled the ball, handing it over to the Cougs, who took advantage of the fumble by scoring on a QB keeper. PAT no good. The Cougs then kicked off to the Red Wolves, and Erickson ran the ball back to the 43-yard line. Paxman took the next three handoffs, to place the Red Wolves on the 25-yard line. QB **Tommy Edwards** completed a beautiful 25-yard pass play to receiver **Josh Stark**, followed by a Felts PAT. The Red Wolves defense took over as Kriegbaum dropped the QB back for 10 yards, setting an example for **Jackson Pleis** and Chess who followed in his footsteps to move the Cougs farther backwards on the field.

The Red Wolves took over on

downs, setting up the fourth Paxman touchdown. **Tyler Erickson** took the first handoff and got a first down after a 20-yard run. Child then passed to tight end **Jake Ritter** who moved the Red Wolves forward 10 more yards setting up the 34-yard touchdown run for Paxman, followed by a Felts PAT. The Cougs scored their second touchdown before the end of the third quarter.

In the fourth quarter, Paxman scored his fifth and final touchdown after Ritter caught a 32-yard pass from Edwards to set it up. Paxman took the handoff and ran 27 yards for the touchdown. The Cougs scored two more touchdowns in the fourth quarter as the pass plays began to click for Lakewood.

The final score was 47 to 30 with the Red Wolves coming out on top.

## Vote to see Red Wolves on KIRO TV!

KIRO TV News will be at this Friday's Cedarcrest High School football game, and, if the team gets enough votes, will feature the game on the news that night.

The station is conducting a survey of the top three football games that will be played this Friday and right now, the Cedarcrest vs South Whidbey game is winning with 41 percent of the votes. The team with the most votes from the public will be featured.

Click on the following link to cast your vote for our hard-working Red Wolves! <http://www.kirotv.com/surveypopup/hsfootball/14327842/detail.html>

## CHS JV Wins Again 26-0 By Jeff Kriegbaum

The Red Wolves took on the Knights from Kings in a hard-fought battle Monday, Oct. 8. Kudos go to Jed Kenney, who woke up Monday to find out he would be the quarterback (actually he knew last Thursday, because of injuries). Stepping into a role without any repetitions and being a leader is no small task; he did a great job. It was a little rocky, but with veteran running backs for assistance, the Red Wolves side had all they needed for success. We give Jed Kenney a Red Wolves howl!

Onto the game...with Kings offense stalling on the first drive, they went into punt formation. After a bad snap, Brandon Herman made the "Scoop and Score," trotting in for

30 yards making the score 6-0.

On the Red Wolves first possession, Jansen Woelz had a 15-yard run to make a first down. Then the offense sputtered. With blitzing pressure put on by the Red Wolves, running was not an option for Kings. The defense of Coleman Oviatt, Brent Collinwood, and Jacob Kriegbaum pressured the backs and forced them to the outside, where Woelz, Jesse Mcree, and Kenney made the tackle.

In the second half, Kriegbaum busted a 45-yard run down to the 15, and fumbled, but it was saved by Gunnar Swanson. Several plays later, Kriegbaum dove into the zone to make the score 12-0. The Red

Wolves went for two on the extra point attempt, but it failed.

In the second half, Herman on a reverse, fooled Kings defenders and sprinted into the end zone for a 40-yard TD run, making the score 19-0, after a Felts kick. Kings, realizing they could not move the ball, went to a "no huddle" offense, and moved down to the 22-yard line before the Red Wolves were able to stop them. On the Wolves' next possession, after several runs, Kriegbaum broke another 45-yard run to score, making it 26-0, after Felts kick.

Look for this young JV squad to improve and continue its success.

## C Squad football team falls to Mt. Si

By Michael Miyoshi

On Wednesday, Oct. 10, the C Squad took on the Mt. Si Wildcats. I did not recognize the players that showed up for the first three quarters of the C-Squad game against Mt. Si. They had the correct jerseys and the faces were the same, but the attitudes and spirits were not the same.

I was baffled that the players I have come to know over the past two months did not show up until the fourth quarter. When the outcome of 6 to something well over 40 was already decided.

The offense did not move the ball well but Steven Taylor, Ingvar Judson, and Zach Wilhelm did gain some yardage while the Mt. Si defense keyed on Jared Klingenberg. Unfortunately, the defense could not

hold the Mt. Si offense at all during the first three quarters.

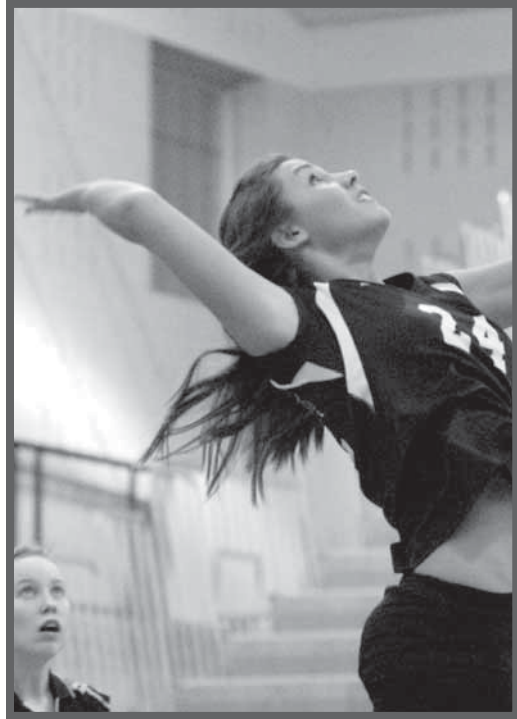
In the fourth quarter, the players I know showed up for the game. They played both offense and defense, played hard and showed their true grit even though they knew they were just playing for pride. They worked hard as a team to put the first Red Wolves touchdown of the game on the board and blocked hard for the last series that was capped by a 50-some yard touchdown run by Klingenberg.

While it was not the best showing of the year for the young Red Wolves, the C Squad did finally show their stuff in the end, pulling for each other and doing what it takes to be the team that we expect them to be.



# Red Wolves volleyball team takes two

By Lori Oviatt



Sara Houser #12 stretches out for a dig during Cedarcrest's win against Lakewood.

The Cedarcrest High School volleyball team defeated the Cougars from Lakewood on Tuesday, Oct. 9, at home. The Cougars gave the Red Wolves a challenging time in the first two games of the match, as the Red Wolves defeated them by only two points with a score of 26-24 in the first game and 25 -23 in the second game.

The intensity of the first two games got to the Cougars in the

third game as the Red Wolves won by a score of 25-15. **Kristin McKinlay** ended the match with 10 kills and 4 stuff blocks.

**Sara Houser** added 7 kills while **Betsy Anderson** added 5 of her own. Setter **Amber Shields** had 32 assists in the game as well as serving 6 aces.

In the second game of the week, the Red Wolves took on the South Whidbey Falcons on Thursday,

Oct. 11, on Whidbey Island. CHS easily defeated the Falcons in the first game by a score of 25-15; however the second game of the match went to South Whidbey by a score of 25-23.

The Red Wolves rallied back to take games three and four to win the match with scores of 25-12 and 25 -2.

Houser led the team with 13 kills, followed by McKinlay's 11 kills and 5 blocks. **Crystal Canady** ended the match with 10 kills and 12 digs, while **Kayla Klaiber** added 15 digs of her own.

**Shelby Koback** added 4 aces while **Shannon Bailey** added 7 kills and **Betsy Anderson** added 4. Shields added 39 assists to round out the match.

The Red Wolves have four Cascade League conference games left on the schedule before post-season play begins.



< Lilly Schenbly #14 goes up for a spike during Cedarcrest's win against Lakewood.

# Last home soccer game for seniors ends in a loss

By Lori Oviatt

The Red Wolves ran up against the number-one team in the league on Tuesday, Oct. 9, playing against the undefeated Wildcats from Archbishop Murphy. The Wildcats scored three goals before the Red Wolves would place one between the posts. **Rachael Kevin** is credited with the sole goal for the Red Wolves with an assist from **Erin Kearney** 51 minutes into the game. Archbishop would score one more time making the final score Wildcats 4 and the Red Wolves 1.

Thursday night, Oct. 11, eight seniors started on the pitch before the home crowd for one final home game against the Cougars from Lakewood. The eight seniors playing in their last home game are **Angela Schold**, Captain **Nicole Rhode**, **Kelli Quist**, **Asia Rush**, Captain **Kallie Pleis**, **Amanda Sacknitz**, **Brittany Corlett** and Captain **Sarah Dowd**.

Pleis assisted Rachael Kevin with the first goal of the night at the 25-minute mark. Kevin scored again at 31 minutes with an assist from Sarah

Dowd. Then a short seven minutes later, Missy Dowd scored another Red Wolves goal, assisted by Erin Kearney.

Kevin would score one more goal with an assist from **Nicole Rhode** and would end the game with a hat trick, scoring three of the four CHS goals for

the evening.

Keeper **Kori Butterfield** was credited with the shutout for the Red Wolves.

The Red Wolves with a current record of 11-2 overall and 9-2 in the conference have three more conference matches before post-season play begins.



Kallie Pleis#8 fends off a Lakewood player for the soccer ball.



Sarah Dowd #12 and Kelli Quist #5 fight a Lakewood player for the soccer ball.

## Athlete of the Week



### Brady Paxman

Against Lakewood, Brady carried the ball 22 times for 275 yards and had five touchdowns. Brady's work ethic is second to none as he comes ready to work every day in practice, and it shows on game night. He is surrounded by a great group of young men who are blocking

and making the holes for him to run through and, many times, Brady makes his own holes! He broke the Cedarcrest football single-season game rushing record which was held by Tom Quinn (1993), who had 17 carries for 242 yards and two touchdowns. Great job to Brady and his teammates!

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CREDIT UNION



# Local Arts, Culture

## Storefront Studio, cont. from pg. 1

cil chambers of City Hall.

It took months to get to this point, and most properties have been through several reviews and redesigns. However, that is how the project is supposed to work, to ensure that each building “has got the character of the individual owners,” Nicholls said.

Giordano didn’t mind going back and forth for the designs, since it was all for improvements to his business. “What was exciting for me... Is to have a professional esthetic design team come in and look at my building.”

For each property, Nicholls and his two students met with the owners to learn about what they wanted for their buildings, and what place the buildings held in the community.

“It’s really about trying to uncover what’s already there, or what had been there,” Nicholls said.

Carnation is a unique blend of old values and new energy, so his team also made sure to respect the historical context of properties, and to not change what didn’t need fixing.

The sunflowers painted on Millers Arts and Community Center, for example, aren’t going anywhere. “We love the sunflowers,” said Sam McPhetres, one of the students on the project. Instead, those flowers are mirrored in a side garden in one proposed design.



One of the most successful design transformations of the project, the Ace store proposals will be prominently featured in Carnation’s flyers for the Storefront Studio open house. Courtesy image

In the proposed streetscapes for the city, Nicholls capitalizes on the naturally beautiful surroundings of the city. To drive to Carnation, he said, you are on a “green ribbon” of forests and fields. When you reach the city, there should be contrast. “Lights, banners, a burst of color, almost like finding a flower in a green field – and it doesn’t have to be a carnation,” he said.

Street trees, almost always planted to improve a city’s appearance, are not even in the Main Street designs, because there’s so much green around the city.

“Carnation has an interesting opportunity,” in not using trees on Main Street, Nicholls noted, because it is so unusual. “I can’t believe it, because I’m a tree hugger!”

The trees won’t be far away, just down the side streets, where Nicholls recommends them to continue the green element of the city.

Now, back to the practical aspect: How much does all of this cost? Nothing yet, for the property owners. The city decided last spring to assume the \$12,000 cost of the program and to pursue grant funding for it. The project list started with City Hall, the farmers market, and a review of the city’s recently adopted design standards, then “we made it available to people,” Scott said.

The design standards review was the starting point for the design team, and an important part of the project for Scott. “We have this plan, but what happens when architects start using it?” she wondered.

Property owners were glad for the help in interpreting the standards, too. Bob Cox, whose original window plans would not have met the design standards, noted that “It’s very helpful to see [the city’s] new rules applied, so we can work toward that.” Also, he said, “They’ve been really good about applying the new design standards, and they’ve been great about keeping the costs down.”

That was part of the deal. Scott said “The Store-



The Ace Hardware Store owners Bob and Ron Cox, had been planning to make some changes to their storefront for a while before the Storefront Studio project started.

front Studio charge was to work with individual businesses, and to be cost-sensitive.”

One reason the Carnation City Council was interested in the program was because the project team would offer some cheaper, quicker fixes in their designs. Depending on the property-owner’s wishes, they would also design larger-scale changes, such as the glass doors for Giordano’s.

Although Giordano says the cost for the change isn’t “really huge,” he’ll need to budget for it, and for the impact of the city’s sewer project next spring, something Cox also said would determine how much of the designs he would implement.

The city will also need to budget for any proposed changes the council agrees to make, especially in the area of streetscapes. “Unfortunately, street furniture tends to be very expensive,” says Scott.

Street furniture – benches, lampposts, planters – can also be part of the personality of a city. Nicholls hopes to get public feedback on the team’s street beautification ideas at the open house, as well as the designs for each individual property.

“Each building greets the street,” he says. He wants these storefronts to greet the street in a style that’s more front porch than front entrance.


He explains “It’s visual, but it’s really about how you feel when you walk down Main Street.”





Jim Giordano. Photo by Carol Ladwig


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# e Entertainment

## Duvall Celebrates National Arts and Humanities Month

The Duvall Cultural Commission (DCC) has joined hundreds of arts organizations and communities across the nation in celebrating National Arts and Humanities Month in October. Duvall Mayor Will Ibershof has proclaimed October National Arts and Humanities Month in the city, calling upon citizens to celebrate and promote arts and culture in their hometown and in our nation. Everyone in the community is encouraged to participate in what has become this country's largest annual collective celebration of the arts and humanities.

- Experience a live performance.
- Explore your library, and bring home a book to read with your family.
- Take a historical walking tour of Duvall. Pick up a guide at City Hall or the Duvall Library.
- Attend a poetry reading.
- Visit the photographic exhibit "Carnation Verbatim: A Celebration of Elders" at Miller's Community and Arts Center in Carnation.
- Buy a book on local history. Books published by the Duvall Historical Society are available at Duvall Books and Duvall Family Drugs.
- Enjoy the music of a local band. The Budget Funeral Band performs at

Miller's Oct. 27 at 8 p.m. P&G Speakeasy Café hosts a Celtic Jam every Tuesday evening, and live music every Saturday night.

- Sing, dance, draw, paint, or play music with your family.
- Read the arts events calendar in the newspaper or visit [www.takepartinart.org](http://www.takepartinart.org) for online listings.
- Join the art docent program at your local school.
- Encourage school field trips to arts and cultural events.
- Get involved in Cascade Community Theatre. For information on youth and adult divisions, contact Chuck Young at [cyoung@division9flooring.com](mailto:cyoung@division9flooring.com).
- Take a class in the visual or performing arts. The Northwest Art Center, Miller's Community and Arts Center, TJ Dance Studio and Duvall Performing Arts offer classes for all ages.
- During dinner, ask each family member to share one creative thing they did today.
- Take up a musical instrument, or rekindle your interest in one.
- Visit a museum.
- Tour a local historic site: The Dougherty Farmstead in Duvall or the Tolt Historical Museum at the Sno-Valley Senior Center in Carnation.
- Visit local businesses that display the work of Snoqualmie Valley artists, and thank them for supporting local artists.

National Arts and Humanities Month is coordinated by Americans for the Arts, the national organization working to empower communities with the resources and support necessary to provide access to all of the arts for all of the people. More information about National Arts and Humanities Month is available online at [www.AmericansForTheArts.org/nahm](http://www.AmericansForTheArts.org/nahm)

The Duvall Cultural Commission (formerly the Duvall Arts Commission) was established in 1998. DCC is currently seeking to fill one position. Preference will be given to a candidate with experience in the visual arts. For information, contact Kass Holdeman at 206.715.6693 or [culture@duvallwa.gov](mailto:culture@duvallwa.gov).

## Brudnicki nominated for Woodinville Citizen of Year

Dianne Brudnicki's passion for the arts and community led to her recent nomination for Woodinville Citizen of the Year. The Duvall woman has been an active volunteer in the Woodinville and Duvall communities for years. She has also taken part in national and international outreach programs for victims of the Iraq war, Hurricane Katrina, and the terrorist attacks of Sept. 11, 2001. Her friend Michelle Matson nominated Brudnicki for the honor. The Woodinville Citizen of the Year recognition is sponsored by the Woodinville Rotary Club, which in 2006 donated \$2,000 to the charities of the winner's choice.



## Hearing set for Platt farm landmark status

The Platt Dairy Farm in Duvall has been nominated as a historic landmark, a status to be awarded by the King County Landmarks Commission. The farm is owned by Valerie Bordon and Andy Weiss. The Landmarks Commission works to identify and protect significant farms associated with the county's agricultural history. A public hearing to review the landmark nomination for the Platt farm is set for Thursday, Oct. 25, at the Vincent Schoolhouse, 8010

W Snoqualmie Valley Road, Carnation, starting at 7 p.m. Bordon and Weiss plan to reinforce the foundation of the hay barn with partial funding from the county's barn preservation grant program, and eventually, to restore its siding and floors. Landmark status could help farm owners obtain funding for such work. For more information on King County's Historic Preservation Program, visit [www.metrokc.gov/exec/bred/hpp/](http://www.metrokc.gov/exec/bred/hpp/).

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Many government and national health organizations are encouraging us to eat our veggies with campaigns like "5 a Day the Color Way" and "Fruit and Veggies -- More Matters."

And why not? The positive effects of a diet full of fresh fruits and vegetables are amazing. It reduces the risk of many chronic diseases such as diabetes, heart disease, and cancer.

Most vegetables and fruits provide significant sources of fiber. For weight loss or maintenance there's no better secret. Simply put, fiber helps your body burn fat and makes you feel full. Now what's not to love about that crunchy carrot or juicy apple?

Getting five to nine servings of fruits and vegetables is not as hard as it may seem. A serving size is generally a cup. Your fruit and veggie day may look like this: fresh fruit with breakfast, a salad with lunch, an afternoon fruit snack and a vegetable side dish with a dinner entrée and salad. If you eat dessert, make sure there is some fruit involved.

My challenge to you: Eat and serve your family five

to nine servings of fruits and vegetables a day. Remember these fruits and vegetables are the best source of vitamins, minerals and antioxidants. Let's get back to basics! Good luck and good health,

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# - Our Family - Our Friends -

## Match Financial Goals with the Right Investments

Over the course of your life, you'll almost certainly have many different financial goals - and to help achieve them, you'll need to use many different investments.

How might you target specific investments for specific goals? Here are a few suggestions:

- Saving for a home - When saving for a down payment on their first house, many people set up an account exclusively for that purpose, keeping the money separate from other investment accounts. To save for a home, you might want to use certificates of deposit (CDs) or short-term, investment-grade bonds, both of which can help preserve your principal.

- Saving for retirement - To enjoy a long and comfortable retirement, you'll need to build a substantial amount of financial resources. And you'll help yourself if you can accumulate those savings in tax-advantaged vehicles. If your employer offers a 401(k) or similar retirement plan, take full advantage of it. Your contributions are generally made with pre-tax dollars, so the more you put in, the lower your annual taxable income. Plus, your earnings can potentially grow on a tax-deferred basis, which means your money may accumulate faster than it would if placed in an investment on which you paid taxes every year. And your 401(k)

or other plan may have a dozen or more investment options.

Even if you have a 401(k) or other employer-sponsored plan, you can usually contribute to an IRA as well. A traditional IRA offers tax-deferred earnings, while a Roth IRA can potentially grow tax-free, provided you don't begin taking withdrawals until you're 59 - 1/2 and you've had your account at least five years. And you can fund an IRA with virtually any type of investment - stocks, bonds, CDs, etc.

- Saving for college - You can save for college with a Coverdell Education Savings Account or a Section 529 savings plan, both of which can provide tax-free earnings, as long as the money is used for higher education expenses. (Your earnings will be taxable if you use withdrawals for other purposes.) And if you invest in your own state's Section 529 plan, your contributions may be tax deductible. However, Section 529 plan distributions could reduce your child's ability to qualify for financial aid. Another possibility to consider is a zero-coupon bond, typically issued by the Treasury under the name of STRIPS. You buy a zero-coupon bond at a deep discount; when the bond matures (which, if you've planned carefully, will occur when your child is ready to enter college), you collect the full face

value. However, you may have to pay taxes on each year's interest payments, even though you don't actually receive them until the bond matures.

- Generating income during retirement - You could spend two or three decades in retirement, so you'll need a consistent income stream, which you may be able to receive from investment-grade bonds. But to fight the effects of inflation, you'll also need the potential for rising income, which you may be able to receive from dividend-producing stocks. (Keep in mind, though, that even stocks that have consistently paid dividends can decrease or eliminate them at any time without notice.)

Of course, these investments are certainly not the only ones available to you. But they do help point out the importance of identifying your various goals - and choosing the right investments to help meet them.



Danny Edwards is an Edward Jones financial advisor based in Duvall. He also serves as President of the Duvall Chamber of Commerce. To contact him, call 425-844-9769.

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## Real Estate, Real Answers

### Last week I addressed a question regarding trying to sell your home on your own.

As stated, my primary concern is for a seller's safety. Virtual strangers are given information and access to your home and it is very difficult to verify who this potential prospect really is and what their real motive is in seeing your home.

My secondary concern is confirming the purchaser's ability to secure the funds necessary to buy. Has the buyer contacted a lender to begin the loan process to ensure they are financially able to qualify for your home?

Perceived savings in brokerage fees not paid to Realtors is a huge consideration. The commissions you think you are saving? You are really earning it! There is more to getting a transaction closed than there is in getting the home sold.

It takes extensive experience to navigate the buyers' loan process and the appraisal, the inspection and subsequent work orders, guaranteeing clear title and more.

And that is after you've found a buyer. The lack of exposure is the primary concern for a For Sale By Owner; you are missing out on the thousands of buyers that only agents have access to via the Multiple Listing Service.

Statistics from the National Association of Realtors indicates that 93 percent of homeowners that start out For Sale By Owner ultimately list, and sell, with a broker. Additionally, homes sell for approximately 16 percent less than homes listed with the area MLS.

For Sale By Owners is just a simple way of saying "Unrepresented Seller." Even the buyers looking at your home are likely to be using an agent, and the buyer ends up being the only one with experienced representation on their side.

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# community calendar

## Events Calendar

**Oct. Weekends** **Remlinger Farms Pumpkin Harvest Festival and Camp Corey Corn Maze.**  
*Every weekend in October 10 a.m. to 6 pm.*

**Fridays, Oct. 12, 19, 26**  
**Flashlight Maze at Remlinger Farms.**  
*5:30-8:30 p.m. Campfire, celebrity story time and sing-along.*

**Fri. Oct. 19** **Mothers of Preschoolers (MOPS), 9:30-11:30 a**  
*Connect with other women and get a break from wiping sticky faces the first and third Fridays of each month. Info mops@adventurecommunitychurch.com.*

**Thurs. Oct. 25** **Flu Shots**  
*Sno-Valley Senior Center, 10:30-1:30, Free for Group Health or Secure Horizons customers. Medicare patients, come Wed. Oct. 17, 9 a.m. to noon. Duvall Family Drugs will be here to bill Medicare for you. Registration required, 425-333-4152.*

**Fri. Oct. 19,** *FREE Family Movie Night, 7 p.m. at Miller's. Showing "The Corpse Bride", preceded by Halloween Karaoke and Casper cartoons. www.millersarts.com, 425.333.5007*

**Sun., Oct. 21,** *Swing & Variety Dance, 5 p.m. lesson, 6-8 DANCE! Admission \$5 Bring a snack to share. For more info. Call Libbie at (425) 788-9638. Miller's, 333.5007, www.millersarts.com*

**Wed. Oct. 24,** *Flood Hazard Study Results, 6-8 p.m., Carnation Elementary School. City, county and FEMA representatives will discuss effects of new flood hazard maps.*

**Mon. Oct. 29,** *MOMS Club of Carnation membership drive, 9:45 a.m. at the Carnation Bible Church. Refreshments, activities for the kids, come in costume if you like. For information call Ormezinda at 425-844-1152.*

## Civic Calendar

**Duvall Planning Commission** ..... **Thurs., Oct. 18 • 7 p.m.**  
 Rose Room, Duvall Library

**Duvall Library Board** ..... **Mon., Oct. 22 • 6 p.m.**  
 Duvall Library, Rose Room • 15619 Main Street • Duvall

**Carnation Planning Board** ..... **Tues., Oct. 23 • 7 p.m.**  
 City Council Chambers, Carnation City Hall • 4621 Tolt Avenue, Carnation

**Riverview School Board** ..... **Tues., Oct. 23 • 7 p.m.**  
 Carnation District Office, Conference Room A/B

**Youth Advisory Commission** ..... **Tues., Oct. 23 • 7 p.m.**  
 Rose Room, Duvall Library, 15619 Main Street • Duvall

**Duvall City Council** ..... **Thurs., Oct. 25 • 7 p.m.**  
 6 p.m. Workshop, 7 p.m. City Council Meeting  
 Duvall Fire Station, 15600 1st Avenue • Duvall

**Duvall Chamber of Commerce** ..... **Thurs., Nov. 1 • 7:15 a.m.**  
 Duvall Fire House — check-in/networking starts at 7:15 a.m.

**Duvall Planning Commission** ..... **Thurs., Nov. 1 • 7 p.m.**  
 Rose Room, Duvall Library

**Duvall Historical Society** ..... **Mon., Nov. 5 • 7:30 p.m.**  
 Dougherty House • 26526 Cherry Valley Road • Duvall

**ELECTION DAY** ..... **Tues Nov. 6**

**Duvall Cultural Commission** ..... **Mon., Nov. 12 • 6:30 p.m.**  
 Rose Room, Duvall Library, 15619 Main Street • Duvall

**Riverview Educational Foundation** ..... **Mon., Nov. 12 • 7 p.m.**  
 Riverview School District Office, 32240 NE 50th St. • Carnation

**Duvall Civic Club** ..... **Wed., Nov. 14 • 7 p.m.**  
 Duvall Library Rose Room • 15619 Main St., Duvall

## CALENDAR ITEMS

WE ARE HAPPY TO LIST EVENTS WHICH ARE LOCAL, FREE AND OPEN TO THE PUBLIC IN OUR CIVIC CALENDAR, AT NO CHARGE WHEN SPACE IS AVAILABLE. THESE ITEMS WILL BE LIMITED TO 35 WORDS, NOT COUNTING THE DAY, DATE AND TIME.

TO INCLUDE EVENTS WITH ADMISSION CHARGES, OR ITEMS FOR SALE, OR TO SOLICIT MEMBERSHIPS, THERE IS A FEE OF \$10 FOR THE FIRST 35 WORDS (AGAIN, NOT COUNTING THE DAY, DATE AND TIME), AND 50 CENTS FOR EACH WORD IN EXCESS OF 35.

IF YOU WOULD LIKE TO ANNOUNCE AN UPCOMING EVENT, CONTACT EDITOR@RIVERCURRENTNEWS.COM, OR CALL 1-888-364-5088.

## IMPORTANT CONTACTS:

**All Emergencies** ..... dial 911

**Carnation City Hall** ..... **425-333-4192**

**Carnation Police (business)** ..... **425-333-4190**

**Carnation Fire Dept (business)** ..... **425-333-4129**

**Duvall City Hall** ..... **425-788-1185**

**Duvall Police (business)** ..... **425-788-1519**

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**Rachel's Challenge**, cont. from pg. 1

"I want to stop bullying, particularly in sports," said sophomore Evan Schreurs.

"I try to be kind," said Edna Pinon-Garcia. "Everybody is human. I believe everybody is equal."

"This makes me believe I'm not the only one out there."

Still others signed their names to the banner reading "I Accept Rachel's Challenge."

"Rachel Scott changed my life," read one entry by Kelsey Jean Stephens.

"Always believe in the good of somebody," wrote Gwendelle Cattin.

One entry simply said, "Thank you." Signed Ingvar Judson.

The assembly in Rachel's memory is designed to prevent school violence, teen suicide and bullying. It recounted the day in Littleton, Colo., in vivid detail, from brother Craig's memories of the first "firecrackers" that turned out to signify his sister's death, to the footage of survivors greeting their families after the ordeal.

Some teens were particularly moved by Rachel's diary entries predicting both that she would die young and that she would have an impact.

On an outline of her hand, she had written, "These hands belong to Rachel Joy Scott and will someday touch millions of people's hearts."

"Rachel's hands have touched my (heart)," a young woman named Joslin wrote.

By accepting the challenge, students agreed to:

Look for the best in others. Eliminate prejudice  
This challenge was emphasized by Rachel's brother Craig, who lost not just his sister in the massacre but also two good friends – one shot just because he was black.

"My challenge to you, for the next 30 days, is to look for the best in others," he said in the video. "If you look for the worst in each other, I promise you will find that."

Dare to dream, set goals, keep a journal  
A Harvard study done in 1979 and followed up in 1989 showed that 3 percent of students who set clear goals went on to make 10 times more money and exert greater influence than the other 97 percent combined, Dornfield said.

As a result, Rachel's Challenge has already reached more than 15 million students through assemblies and countless others on television and through the Internet at [www.rachelschallenge.com](http://www.rachelschallenge.com).

His sister "chose to be kind to others," Craig Scott said in the video, "and because of that, she changed the world."

Choose positive influences  
While shooters Dylan Klebold and Eric Harris chose Adolph Hitler as a role model, Rachel chose Anne Frank, whose own diary told of hiding from the Nazi's during World War II.

Ironically, Dornfield said, both would die under the influence of the same man. Rachel was killed on April

**Parks Board introduction meeting set for Nov. 1 in Carnation**

The city of Carnation is determining the public's interest in joining a Parks Board, and will host an introductory meeting on it Thursday, Nov. 1, 7 p.m. at City Hall.

The meeting will cover what the duties of a Parks Board are, and a general discussion about future park projects in the city. Anyone interested in participating is encouraged to attend.



News accounts of the Columbine High School massacre held Cedarcrest students in grim yet rapt attention during a presentation of Rachel's Challenge. Photos by Him Hallas



Video images of Rachel and Craig Scott hover over Sarah Dornfield, a friend of Craig's, who gave the Rachel's Challenge presentation at Cedarcrest.



Health teacher Peggy Filer, adviser to the Random Acts of Kindness Club.

can go out of their way to show compassion, then it will start a chain reaction of same."

To keep the spirit of compassion going, the organizers held a training session for 30 students to kick-start the Friends of Rachel Club. Health teacher Peggy Filer, adviser to the Random Acts of Kindness Club, and assistant Principal Ray LaBate selected the participants.

They were told to select a cross-section, "from cheerleaders to gang members," who already possess the gift of compassion, Filer said.

Megan Maxwell intends to help the project by doing Rachel's Challenge as her senior project.

"I was inspired by her, to do what she does," Megan explained.

Volunteer Leanne Christensen, who helped bring the program to Cedarcrest, said the plan is to bring Rachel's Challenge to Tolt Middle School next year, then bring it back periodically in subsequent years so all students get exposed.

The program will probably become part of the Random Acts of Kindness Club, which attracted more than 100 students to its first meeting this year, Filer said.

At the end of the Rachel's Challenge presentation, nearly every freshman and sophomore who packed the bleachers raised their hand in a pledge to perpetuate the program throughout the year.

During her life, Rachel was not famous, Dornfield said. She was never featured in a newspaper article while she was alive. Since her death, she's been featured on Oprah, CNN and the O'Reilly Factor. She's been lauded by celebrities as diverse as Chuck Norris, Elton John and President Clinton.

"She always knew she was going to change the planet," said Rachel's friend, Nick Baumgartner, in the video presentation. "In the end, that's exactly what she did."

20, Adolph Hitler's birthday.

Kind words and actions equal huge results  
Dornfield told of how Rachel had saved the life of a disabled student, who had been picked on and had contemplated suicide until she took an interest in him.


As Rachel wrote, "People will never know how far a little kindness can go."

Start a chain reaction

In an essay penned six weeks before her death, Rachel wrote, "I have this theory that if one person

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**WHEN: Saturday, October 20th, 2007**  
**WHERE: Sno Falls Credit Union: Duvall**  
**WHEN: 1:30 - 3:30pm**

**Open To the public!**